2027 Calendar: *Your Year to Explore, Engage, Evolve & Elevate!*

Awaken Your Spirit. Strengthen Your Body. Expand Your Consciousness.

Discover the Summit Within!

What if 2027 becomes the year you move beyond what you thought was possible—and step boldly into the extraordinary life awaiting you?

At SacredSummit, we believe that true transformation begins when we intentionally challenge our limits, embrace new experiences, deepen our connections, and discover the infinite potential within ourselves.

Our 2027 SacredSummit Calendar offers an exciting and diverse collection of opportunities to cultivate high-level physical fitness, strengthen mental and emotional resilience, nurture spiritual growth, and experience the transformative power of adventure and community.

Your opportunities for 2027 include:

- **Regular Saturday Morning Walks** — Strengthen your body, build endurance, and connect with an inspiring community.
- **Six Sacred Stillness Ceremonies** — Create space for reflection, inner wisdom, spiritual connection, and renewal.
- **Five Full Moon Walks** — Experience nature's beauty, mystery, and rhythms while cultivating presence and gratitude.
- **Engaging Book Club Discussions** — Expand your perspectives, challenge your thinking, and inspire meaningful personal growth.
- **Seven Extraordinary Adventure Travel Experiences —** Explore magnificent destinations, challenge your physical and mental limits, and discover courage, resilience, and transformation along the journey.
- **Private Transformational Coaching Sessions with Sherrilene** – For professional women who desire the best out of life, but who do not know how to fully access “it”. These sessions are more than gaining awareness—they are an experience of transformation.
- **Private Fitness Coaching with Sherrilene** – Experience a personalized approach to reach your fitness goals according to your constraints and abilities, timeline, and current fitness level.

Registration is NOW OPEN for many 2027 SacredSummit activities!

Spaces are limited. Once participant cohorts form, informational meetings will address preparation, logistics, and program details.

2027 is your invitation to surrender to possibility, explore with curiosity, engage with intention, and live with courage, grace, and gratitude. Don't wait for transformation to find you. Choose it. Create it. Live it! Because the greatest summit you will ever reach is the one within yourself.

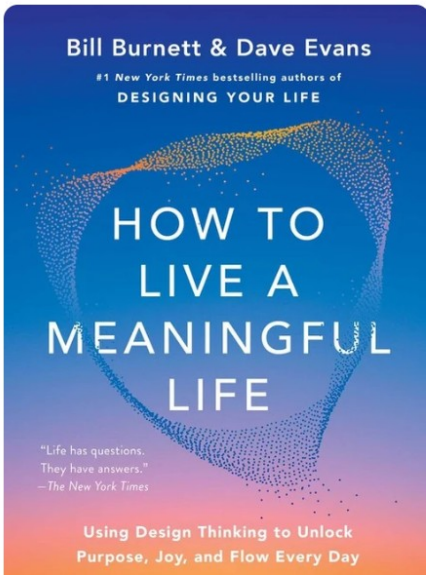
SacredSummit — Your Adventure. Your Transformation. Your Summit Within.

Walking, Hiking

Along with our regular weekly hikes, start 2027 with two incredible hikes!

- 2nd January - New Year's San Felasco Through Hike (10 miles)
- 30th January - Mammoth Walk (20 miles)
- Weekly Saturday Morning Hikes across 15 State Parks and Local Trails (distance 7 – 12 miles; moderate fitness level)

Book Club



Read, discuss, and become inspired by:

How to Live a Meaningful Life: Using Design Thinking to Unlock Purpose, Joy, and Flow Every Day (Bill Burnett & Dave Evans), 2026.

2027 Dates: 12 Jan, 26 Jan, 9 Feb, 23 Feb, 9 March
7.30 – 8.30 PM EST

This book presents a practical, design-driven approach to building a fulfilling life. Drawing on principles from design thinking—a problem-solving methodology used in innovation— the book reframes life as something you can actively prototype, test, and refine rather than passively experience. Register here!

Registration Fee: $35.00

Fall Book TBA

Fall Dates: 3 Aug, 10 Aug, 24 Aug, 7 Sep, 21 Sep
7.30 – 8.30 PM EST
More information coming Soon!

Registration Fee: $35.00



Ellijay, Georgia — *Mountains, Adventure & Renewal!*

February 25–28, 2027 | 4 Days | 8–10 Participants

Imagine escaping into North Georgia's magnificent Blue Ridge Mountains, where rugged ridgelines, cascading streams, ancient hardwood forests, and sweeping mountain vistas invite adventure and personal discovery! Join Sherrilene for a four-day SacredSummit mountain retreat, combining challenging hikes, exhilarating outdoor experiences, meaningful friendships, and opportunities for transformation.

Our Adventure

Day 1 — February 25: Travel & Connection

Depart Gainesville, Florida, for our approximately six-hour journey to Ellijay. Settle into our shared Airbnb, enjoy a welcome dinner, and prepare for our mountain adventures.

Day 2 — February 26: Fort Mountain Challenge (~10–11 miles)

Explore the magnificent Cohutta Mountains on the 8.7-mile Gahuti Trail, with additional scenic trails to reach our mileage goal. Experience hardwood forests, rocky terrain, mountain overlooks, and the historic CCC stone tower.

Day 3 — February 27: Bear Creek & Mountain Wilderness (~10–12 miles)

Discover the beautiful BearCreek forest, ancient Gennett Poplar, rushing streams, and mountain trails. We'll combine approved connecting trails to create a rewarding hiking adventure.

Day 4 — February 28: ~5 Mile Morning Adventure & Departure

Enjoy an early-morning 5-mile hike before returning to Gainesville, allowing approximately six hours for travel.

Beyond Hiking: Adventure Awaits!

Optional experiences include guided horseback riding through North Georgia's mountains ($75–$100 estimated), mountain biking, and scenic exploration. Activities must fit around our hiking schedule.

Estimated Investment

$450 per person, including shared meals, group supplies, contingency, and SacredSummit administration. Airbnb accommodations, rental vehicles, fuel, and travel expenses are excluded.

Registration

A $200.00 non-refundable SacredSummit Administration Fee is payable upon registration and is included in the core program price. Register here!

Your Invitation

Four days. Majestic mountains. Meaningful connections. The opportunity to challenge yourself and rediscover your extraordinary potential.

Come explore. Come engage. Come discover the summit within!

Dates, trail combinations, activity availability, and final costs are subject to confirmation.



The Appalachian Trail — *A Journey of Grit, Gratitude & Transformation!*

April 2–10, 2027 | 9 Days | Approximately 4 Participants

Imagine carrying everything you need on your back as you journey through the rugged Appalachian Mountains of southwestern Virginia. Towering hardwood forests, spectacular ridgelines, cascading streams, and breathtaking mountain vistas await! Join Sherrilene for an extraordinary nine-day SacredSummit backpacking adventure, trekking northward from Atkins, Virginia, toward Pearisburg and Narrows.

Our Wilderness Adventure

Day 1 — April 2: Travel and Preparation - Travel together from Gainesville, Florida, settle into overnight accommodations near Atkins, review equipment, and prepare for our adventure.

Days 2–8 — April 3–9: Seven Days on the Appalachian Trail - Our goal is 10–12 miles daily, covering approximately 70–84 miles while carrying our tents, sleeping bags, food, water, and personal supplies. Highlights include:

Chestnut Knob: A demanding ascent to approximately 4,400 feet, with magnificent views toward Burke's Garden.

Remote mountain ridges: Rocky pathways, steep climbs, and rewarding views across the Virginia mountains.

Ancient forests: Oak, maple, rhododendron, and emerging spring wildflowers.

Dismal Creek region: Beautiful streams, woodland solitude, and opportunities to visit Dismal Falls.

Wildlife: White-tailed deer, wild turkeys, songbirds, and possibly black bears.

Each evening, we will rest in rustic Appalachian Trail shelters or pitch our tents, prepare our meals, and reflect on the day's accomplishments. After this hike, will enjoy our arranged shuttle transfer back to Atkins and spend our last night in a real bed!

Day 9 — April 10: Return Home - Retrieve our rental vehicle, pack, and travel back to Gainesville.

Estimated Investment

$675 per participant, including trail food, first- and last-night lodging allowance, end-of-trek shuttle transportation, group supplies, contingency, and SacredSummit administration ($200.00). Rental vehicle, fuel, and personal backpacking equipment are excluded.

Registration

A $200.00 non-refundable SacredSummit Administration Fee is payable upon registration and is included in the core program price. Register here!

Your Invitation

Seven days. Rugged mountains. Shared challenges. Extraordinary discoveries. Come prepared to surrender, explore, persevere, and grow.

The trail is calling. Come discover the summit within!

Dates, exact trail mileage, lodging, shuttle, and applicable permits remain subject to confirmation.



Appalachian Trail - New Hampshire's White Mountains

30 April – 8 May, 2027 | 7 Days | 10 Participants

Join us for a seven-day SacredSummit Adventure to New Hampshire's White Mountains trekking over ~ 70 miles with six nights of Appalachian Mountain Club hospitality. A small group of 8–10 adventurous individuals will enjoy majestic mountain scenery, rewarding physical challenges, and opportunities for personal reflection and transformation. Join Sherrilene for an unforgettable hut-to-hut trekking adventure where physical challenge meets breathtaking natural.

Unlike traditional backpacking adventures where we carry tents, sleeping bags, cooking equipment, and food, this journey offers a wonderful combination of strenuous mountain hiking and the hospitality of the Appalachian Mountain Club's celebrated high-mountain huts with showers, bunk beds, dinner and breakfast included.

Day 1 — April 30: Travel and Preparation

Day 2- 8—May 1-7: A preliminary six-night lodging sequence, with two overnight stays in the same hut for summit loop hikes, may include:

Night 1: Greenleaf Hut

Nights 2–3: Galehead Hut

Nights 4–5: Zealand Falls Hut

Night 6: Mizpah Spring Hut

Day 8 — May 8 : Return Home

Estimate expenses per participant:

For Core Program	7-day cost
AMC huts: 6 nights × $180, including breakfast and dinner	$1,080
7 lunches and trail snacks	$75
Shared trailhead transportation	$60
Group administration and supplies	$35
Contingency reserve	$100
Estimated cost per participant	$1,550

The cost estimate assumes participants pay for their own travel to New Hampshire, personal equipment, travel insurance, and accommodations before or after the trek.

Registration

A $200.00 non-refundable SacredSummit Administration Fee is payable upon registration and is included in the core program price.

Important: Dates, routes, and prices are provisional.

Interested? Register now and join the forthcoming information call.



Sun Valley, Idaho

10-13 June | NOTE: This event is organized by the 29029 committee.

Imagine standing at the base of a magnificent mountain, knowing that the next 36 hours will test your endurance, determination, courage, and resilience in ways you may never have experienced.
Welcome to 29029 Everesting, an extraordinary endurance adventure inspired by climbing the elevation of Mount Everest: 29,029 feet!

The challenge is deceptively simple yet profoundly demanding: climb a mountain repeatedly (about 15 times), descend by gondola, and climb again until you have accumulated 29,029 vertical feet of ascent—or until the 36-hour clock expires.

Registration opens Thursday, October 29, 2026, at 12:00 p.m. Eastern Time. Places can sell out within minutes, and registration is confirmed only after payment. A six-month installment option is advertised.

You can register and learn more directly through the event organizers:
29029 Official Website — 2027 Events and Registration

For our SacredSummit community, Sherrilene invites you to tackle this as a shared endurance challenge, with each participant registering individually through 29029 and joining our group for preparation, encouragement, and the experience itself.



Via Alpina East (Swiss Alps) – SOLD OUT

20-29 July | SOLD OUT

Join Sherrilene for an unforgettable trek through the Swiss Alps, from Sargans to Grindelwald. Cross seven alpine passes, explore charming Swiss villages, and enjoy breathtaking views of the Jungfrau, Mönch, and Eiger peaks. With comfortable mountain inns and luggage transfers, this spectacular adventure combines challenging hikes with authentic Alpine hospitality. **This adventure is SOLD OUT!**



Glacier National Park, Montana

24-30 September | 7-Day Adventure | 5 Days of Hiking | 8–10 Participants

Imagine trekking through one of America's most breathtaking wilderness destinations, surrounded by towering Rocky Mountain peaks, turquoise glacial lakes, cascading waterfalls, alpine meadows, and magnificent wildlife!

Join Sherrilene for an extraordinary 7-day SacredSummit adventure in Glacier National Park, Montana, combining challenging hikes, exhilarating outdoor activities, meaningful connections, and opportunities for personal transformation.

Days 1 and 7: Travel and Connection
Arrive in Montana, settle into our shared Airbnb, connect with fellow adventurers, and prepare for an unforgettable experience. Day 7 is reserved for departure.

Days 2–6: Five Spectacular Hiking Adventures

Each day offers approximately 10–12 miles of hiking through some of Glacier's most magnificent landscapes:

- **Grinnell Glacier** (~10 miles): Turquoise lakes, glaciers, waterfalls, and spectacular mountain vistas.
- **Iceberg Lake** (~10 miles): Dramatic cliffs, alpine scenery, and floating icebergs.
- **Highline Trail** (~12 miles): Breathtaking ridgelines and panoramic views along the Continental Divide.
- **Cracker Lake** (~13 miles): A challenging wilderness trek to brilliant blue glacial waters.
- **Siyeh Pass** (~10 miles): Alpine meadows, rugged peaks, and unforgettable mountain panoramas.

Expect strenuous terrain, significant elevation changes, and opportunities to observe mountain goats, bighorn sheep, deer, and possibly bears.

Estimated Investment

Core program: $550 per person, including estimated shared meals, park entrance allowance, group supplies, and administration.

Optional adventures: Additional $100–$450 depending on activities selected.

Excluded: Flights, Airbnb accommodations, rental vehicles, fuel, insurance, and personal expenses.

Registration: A $200.00 non-refundable SacredSummit Administration Fee is payable upon registration and included in the core program price. Register here!

Optional experiences include horseback riding ($150), whitewater rafting ($100), and rock climbing/rappelling ($200), subject to availability and scheduling. Longer activities may replace a hiking day.

Your Invitation

This is more than a hiking vacation. It is an invitation to challenge your limits, embrace nature's extraordinary beauty, strengthen friendships, and discover your resilience, courage, and potential.

Come explore. Come engage. Come experience the extraordinary. The greatest summit is the one within you!

Important: Dates, routes, and prices are provisional. Paid group hiking leadership requires confirmation of Glacier National Park's commercial guiding rules and authorization before registration opens.



Pisgah National Forest — Adventure, Resilience & Renewal!

November 10–14, 2027 | 5 Days | 8–10 Participants

Imagine hiking through the magnificent Blue Ridge Mountains of North Carolina, surrounded by rugged peaks, cascading waterfalls, ancient hardwood forests, and breathtaking panoramic views!

Join Sherrilene for a five-day SacredSummit adventure in Pisgah National Forest, combining challenging mountain hikes, meaningful connections, and opportunities for personal transformation.

Our Adventure Awaits!

Day 1 — November 10: Arrival and Connection: Arrive in North Carolina, settle into our shared Airbnb, enjoy a welcome gathering, and prepare for our mountain adventures.

Days 2–4: Three Spectacular Hiking Adventures: Our goal is approximately 10–12 miles daily, carrying only daypacks.

Day 2 — Black Balsam Knob & Tennent Mountain (~10–11 miles): Explore high-elevation grassy balds, rugged ridgelines, and magnificent views across the Great Balsam Mountains.

Day 3 — Looking Glass Rock & Forest Trails (~10 miles): Ascend the iconic granite mountain, experience panoramic vistas, and explore surrounding forest trails.

Day 4 — Art Loeb Trail & Pilot Mountain (~10–12 miles): Challenge yourself on steep mountain trails through hardwood forests, rocky ridges, and spectacular overlooks. Expect substantial elevation changes, uneven terrain, and opportunities to encounter deer, wild turkeys, and diverse birdlife.

Day 5 — November 14: Departure: Enjoy breakfast, share final reflections, and return home inspired and renewed.

Estimated Investment

Core program: $450 per person, including:

- Shared groceries and group meals: $135
- Group supplies and safety provisions: $35
- Contingency reserve: $80
- SacredSummit Administration Fee: $200

Excluded: Travel, Airbnb accommodations, rental vehicles, fuel, insurance, personal expenses, and optional activities.

Registration

A $200.00 non-refundable SacredSummit Administration Fee is payable upon registration and is included in the core program price. Register here!

Your Invitation

Three days. Approximately 30–36 mountain miles. Extraordinary natural beauty. Meaningful friendships. An opportunity to challenge your limits and reconnect with your inner strength.

Come explore. Come engage. Come discover the extraordinary. The greatest summit is the one within you!

Routes and pricing are provisional. November weather, road access, trail conditions, and applicable commercial-use authorization will be confirmed before the final schedule is released.

Stillness Ceremony

Stillness is that quiet moment when inspiration hits you. It's that ability to step back and reflect. It's what makes room for gratitude and happiness. It's one of the most powerful forces on earth.

"Stillness inspires new ideas. It sharpens perspective and illuminates connections" (Ryan Holiday). Stillness isn't about being unproductive but about creating the space for clarity, insight, and strategic action.

What to Expect: Our Stillness Ceremony will start with a warm welcome, grounding activity, mindfulness practice, and a contemplative stillness practice. Group members may afterwards, as they choose, share main insights with one another. The Tibetan healing bowl, a Shamanic drum, and soothing guitar playing may be used during the ceremony. We will close our session with brief tea ceremony.

- Wed, 20th Jan @ 7.00 pm
- Wed, 24th March @ 7.00 pm
- Wed, 19th May @ 7.00 pm
- Wed, 25th Aug @ 7.00 pm
- Wed, 20th Oct @ 7.00 pm
- Wed, 22nd Dec @ 7.00 pm

The location of our meeting will be sent to each person after their registration. See our SacredSummit calendar to register!

Full Moon Walks

The full moon symbolizes culmination and renewal—an ideal time to celebrate gratitude, release what no longer serves us, and align with nature's rhythms. Our walks create a physical and communal way to honor these intentions under the moonlit sky.

What to Expect: We begin with a gathering and gratitude ceremony, then walk 5–6 miles under the full moon. We close with a gentle release and candle-lighting ceremony. Please check the website for start times, which may vary by date.

- Wed, 21 April, Turkey Creek @ 7.00 pm
- Sun, 18th July, Tioga @ 7.00 pm
- Tue, 17th August, Turkey Creek @ 7.00 pm
- Wed 15th Sept, Tioga @ 7.00 pm
- Tue 14th Dec, Turkey Creek @ 6.00 pm

See our SacredSummit calendar to register!

Fire Ceremony

On Fri., 31 December 2027, welcome 2028 with an open heart.

Join Sherrilene and Nancy as they share a cherished personal tradition: a meaningful fire ceremony focused on releasing what no longer serves you, letting go of the need to control every outcome, and setting intentions for the year ahead.

Through reflection and the symbolism of fire, we'll create space for new possibilities, personal growth, and renewed purpose.

Cost: $10 per person, including hot cocoa and cookies.

The gathering address will be provided upon registration.

What better way to close one chapter and welcome the next than with warmth, connection, and intention?

See our SacredSummit calendar to register!

Private Transformational Coaching with Sherrilene

For professional women who desire more and better (or the best!) out of life, but who do not know how to fully access “it”. These sessions are more than gaining awareness—they are an experience of transformation. On-line and in-person sessions available.

Core Program Cost: $100.00 per session or $950.00 for 10 sessions

See https://www.yoursacredsummit.com/transformationalcoaching

Private Fitness Coaching with Sherrilene

Experience a personalized approach to reach your fitness goals according to your constraints, abilities, timeline, and current fitness level. On-line and in-person activities available.

Core Program Cost: $80.00 per session or $750.00 for 10 sessions

See https://www.yoursacredsummit.com/transformationalcoaching

Save the Dates for 2028 and 2029

2028: More Information Soon!

May 2028: Trek the Camino De Santiago, French Way

July 2028: Colorado 14,000-foot peaks

2029: More Information Soon!

Dec 2029: Explore South Africa from Kruger National Park to Cape Town

April 2029: Mount Rushmore hiking, biking and glamping experience

Contact Sherrilene directly if you have any questions!

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